

Hello Assumption Families,

I am thankful I live in Central Wisconsin where the weather is pleasant and the summer activities are plentiful. I pray that you are enjoying your time with your child(ren).

I am excited to announce that all of my staff is returning, which means you can count on us focusing more on cooking more homemade meals. Last school year, I had your children fill out a survey. I learned that even though they enjoyed the varieties, they would love more home cooked meals and bigger portions. I am glad to fulfill these wishes. We will be offering regular portions to Saint Vincent de Paul and increasing the portions at Middle and High School. OLQH and SVDP will now have yogurt and cheese as an alternative protein.

At the middle/high school, if you have not heard, we have a beverage vending machine which will have water and bringing back the A La Carte line. Prices will range from \$0.50-\$4. Rest assured the items offered will still meet DPI's guidelines.

You are invited to our table to try out free samples of our breakfast meals at the open house on Aug. 26th at OLQH, and for SVDP- Aug. 22nd. And for AMS/AHS – Aug. 28th. So, if your child(ren) have not tried the school meals, here is an opportunity for everyone including you to see for yourself if the School Meals are worth your patronage.

Here are that the prices this year:

OLQH/ SVDP- Breakfast \$2.20 Lunch \$3.15

MHS/ AHS- Breakfast \$2.70 Lunch \$3.30

Adult- Breakfast \$3.15 Lunch \$4.65

Milk - \$0.50 Juice -\$0.60

Extra Entrée (Assumption)- \$1.90

Extra Fruit (Assumption)- \$0.50

The meals include: protein, grain, fruit, vegetable, and milk when offered. Reminder, if your child wants a second of anything it is full price. Offer-vs.-Serve (selecting 3 out of the 5 with fruit or vegetable as one of the choices) is still an option for all grades except 4K. Afterschool snacks are still free, but both food items must be taking.

You should maintain a credit balance throughout the school year. Please fill out a Benefit Insurance application and if you qualify, this could ease the cost of breakfast by almost **86%** and lunch by **87%** at the elementary level and by **89%** for breakfast, and by **88%** lunch at the AMS/AHS. You will also be helping our numbers for the grants and title funds.

If you have any questions, concerns, or suggestions please feel free to contact me. *I look forward to serving and expanding your children's palate - Carpe Cibum! Seize life through food!*

"...with God all things are possible."

Sincerely,

