



VIRTUE=STRENGTH.™



# RELIANCE

“COUNTING ON SOMEONE.”



## HOW DO WE BECOME GOD-RELIANT?

**Talk to God** and tell Him all your fears, disappointments, anxieties, desires, dreams, frustrations, sins. Prayer is not just giving God a laundry list of what's wrong. Listen to His response.

Ask God to help you rely on and trust Him and not doubt. Ask Him to help you with your unbelief (Mark 9:23-25).

Give everyone and everything to God. "Give all your worries and cares to God, for he cares about you" (1 Peter 5:7).

Get to know God's attributes. He is kind, loving, and merciful – not cruel, hateful, or merciless.

Like any relationship, the more we know God, the more we trust Him. We get to know Him by reading what He says in His Word.

Remember, "Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take" (Proverbs 3:5-6).



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RELIANCE

RESOLUTION

### WAY TO LIVE THE VIRTUE THIS WEEK

Talk with someone you trust and admire and **ask** them how-why they trust and rely on God.

Make relying on God an intentional part of your life.

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RELIANCE

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## SAINT STORY

### Saint Magdalene of Nagasaki

Magdalene was born in 1611 near Nagasaki, Japan, the daughter of devout Christian parents. While she was still young her mother, father, and siblings were martyred for the faith. In 1624 she became acquainted with two Augustinians, members of the Recollect Congregation, Francis of Jesus and Vincent of Saint Anthony, and was attracted by their deep spirituality. She became an Augustinian tertiary, teaching catechism to the young, seeking alms for the poor, encouraging her people in times of persecution.

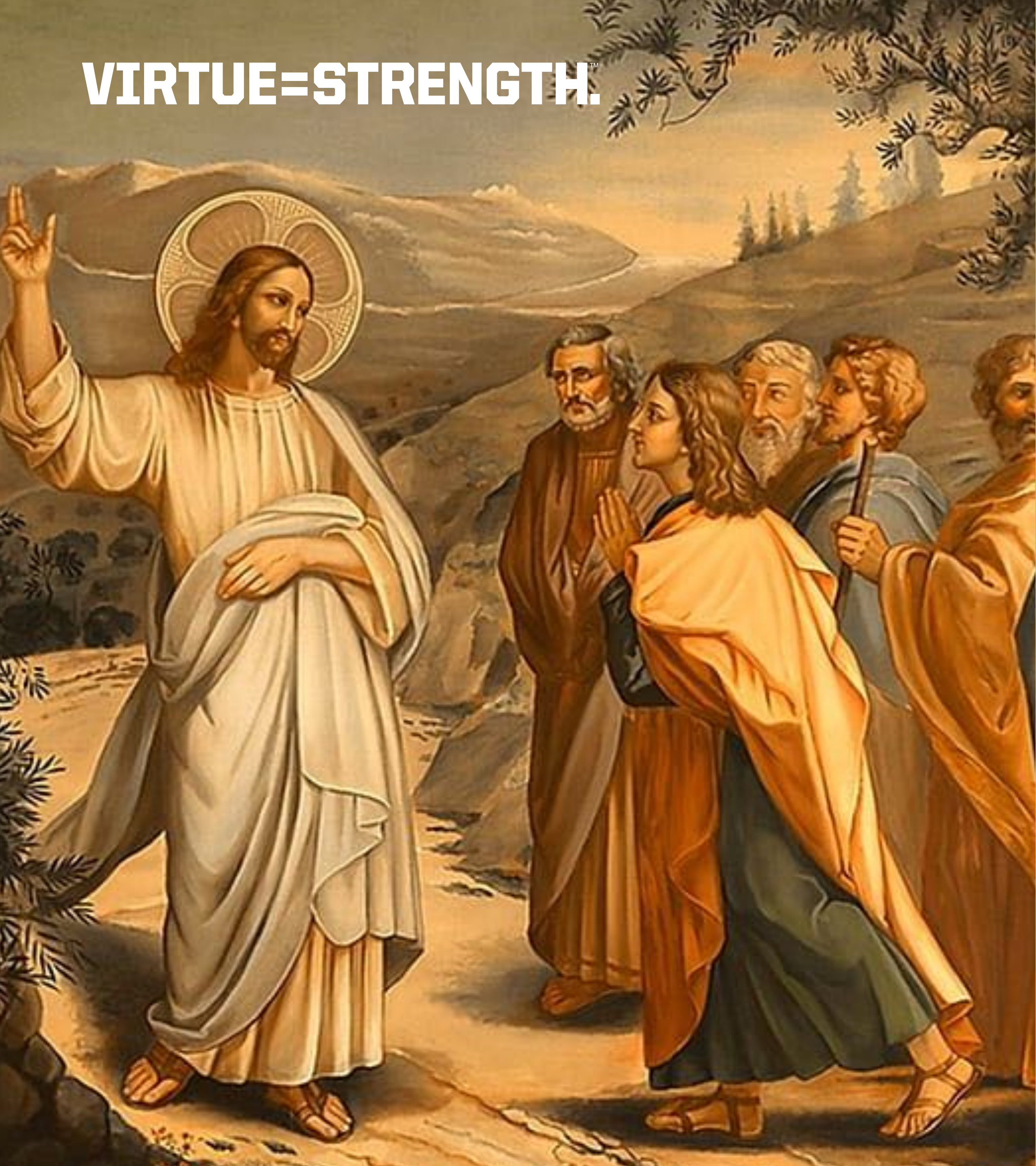
In 1629 she sought refuge in the hills of Nagasaki, sharing the sufferings of her fellow Christians, baptizing the young and visiting the sick. Because many Christians were renouncing their faith in the face of torture, she decided to encourage them through her own acceptance of persecution. In September 1634, dressed in the habit of a tertiary, she turned herself in to the anti-Christian civil authorities. In October of that same year she was subjected to the torture of the pit for 13 days. On the last day the pit was filled with water and she was drowned. Her body was burned and her ashes were dispersed to prevent the Christians from having any relics of her.

Magdalene was beatified in 1981 and canonized by John Paul II on October 18, 1987.

She is one of the many saints that helped to spread the Catholic faith in Japan.







### Mathew 6: 30-34

“If God so clothes the grass of the field, which grows today and is thrown into the oven tomorrow, will He not much more provide for you, O you of little faith?

So do not worry and say, ‘What are we to eat?’ or ‘What are we to drink?’ or ‘What are we to wear?’

All these things the pagans seek. Your Heavenly Father knows that you need them all.

But **seek first** the kingdom of God and His righteousness, and all these things will be given you besides.

Do not worry about tomorrow; tomorrow will take care of itself. Sufficient for a day is its own evil.”

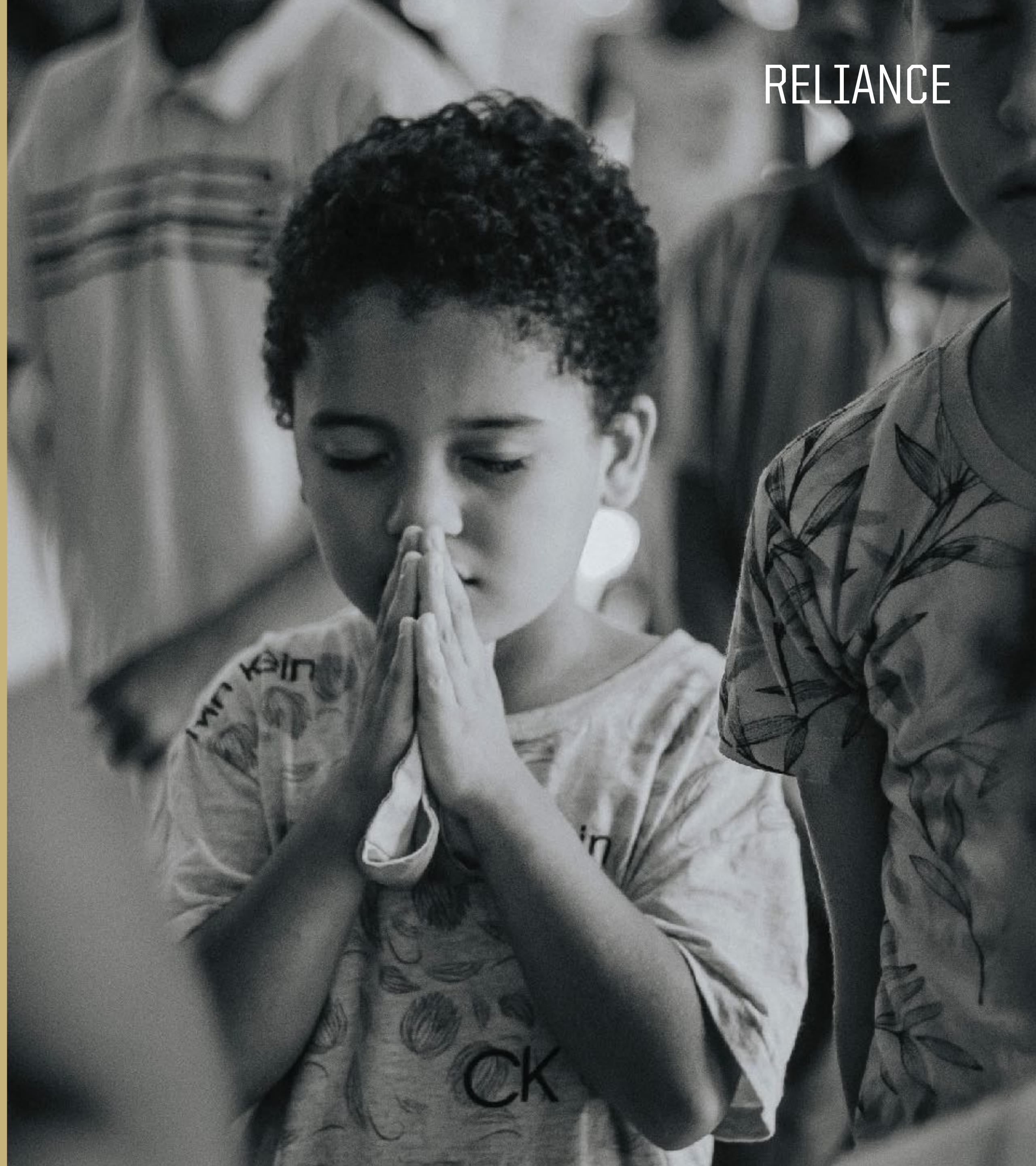


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RELIANCE

*“Lay all your cares about the future  
trustingly in God’s hands,  
and let yourself be guided by the Lord  
just like a little child.”*

*- Saint Edith Stein*





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RELIANCE

*“Pray as though everything  
depended on God.*

*Work as though everything  
depended on you.”*

*- St. Augustine*







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# BETRAYAL

The weakness to violate a person's trust or confidence.



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**VICE**

## THE EFFECTS OF BETRAYAL

When we betray others,  
we violate their confidence in us.

When others betray us,  
they pierce the veil of our innocent reliance.

Betrayal leads to the loss of reliance on an individual.

Various sorts of emotions can be felt upon  
experiencing betrayal, including anger, fear, and  
doubt.

When we feel betrayed, we can either choose to  
forgive and let go or hold a grudge and seek revenge.

Our Lord and our Catholic Faith teach us to forgive  
but this can be very difficult and we often need help  
from those we can rely on.





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