

January 10, 2025

The ASSUMPTION

HIGH SCHOOL AND MIDDLE SCHOOL NEWSLETTER

way

Volume 1 / Issue 10 of 20

Important Dates To Remember:

Mon 1/13	Hex 4 Begins
Fri 1/17	Hex 3 Report Cards go home
Sun 1/19	BINGO @ Assumption
Mon 1/20	NO SCHOOL
Sat 1/25	Diocese of Lacrosse Brains & Brawn Tournament
Mon 1/27	Start of Catholic Schools Week
Tues 1/28	Off Campus Student/Parent Lunch 11:30-12:30
Wed 1/29	All ACS Mass at St. Peter & Paul Parish 10am
Fri 1/31	Student Appreciation Day MS going to 5 Star Lanes 11:15-2:35 HS
Sun 2/02	BINGO @ Assumption
Wed 2/05	Royal Parents Meeting 6pm
Sat 02/08	HS Snoball Dance
Thurs 2/13	MS Retreat Day (girls)
Fri 2/14	MS Retreat Day (boys)

Wednesday, February 5th, 2025 Spring Board of Directors Meeting 4:30 pm in the AMS/AHS Library.

Wisconsin Parental Choice Program updates and reminder of enrollment process for WPCP.

Please contact Kerry Meinel if you would like to attend.
kmeinel@assumptioncatholicschools.org.

Upcoming Athletic Calendar of Events

January 7 thru January 31

BOYS BASKETBALL

Friday 1/10	JV/V @ Rib Lake 5:45/7:00
Monday 1/13	7-8 home SV Gym vs Columbus 4:30
Tuesday 1/14	JV/V @ Stratford 5:45/7:15
Friday 1/17	JV/V home vs Newman 5:45/7:15
Saturday 1/18	JV/V @ Centennial MN 2/3/5pm
Tuesday 1/21	JV/V home vs Adams Friendship 5:45/7
Friday 1/24	JV/V home vs Prentice

GIRLS BASKETBALL

Friday 1/10	JV/V @ Rib Lake 5:45/7:00
Tuesday 1/14	7-8 @ Pacelli 4:30
Thursday 1/16	7-8 home SV Gym vs 4:30 Varsity only home vs Newman 7:15
Tuesday 1/21	JV/V @ Edgar 5:45/7
Thursday 1/23	6-8 @ Alexander MS 4:30
Friday 1/24	JV/V home vs Prentice

HOCKEY (CO-OP)

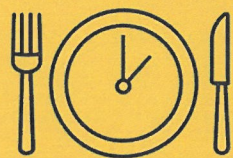
Saturday 1/11	home (Ice Hawk Arena) vs Chequamegon 7 pm
Tuesday 1/14	home vs DC Everest 7pm
Friday 1/17	away vs Appleton North 7:30 pm
Saturday 1/18	away vs Oshkosh North 7:45 pm
Tuesday 1/21	home vs Merrill 7 pm
Thursday 1/23	away vs Waupaca 7 pm

WRESTLING (CO-OP)

Friday 1/10	Girls Varsity @ UWSP 3pm
Saturday 1/11	Boys/Girls Varsity @ Merrill
Saturday 1/18	6-8 @ East Junior High 9am
Sunday 1/19	6-8 home (Nekoosa) 9am
Thursday 1/23	home vs WI Dells 7pm

Assumption Catholic Schools Mission and Vision:

Mission: To inspire excellence and personal growth grounded in Catholic principles and tradition.
Vision: A community of academic excellence, Catholic in spirit and culture, nurturing integrity.



Tuesday, January 28th

PARENT LUNCH

Typically during Catholic Schools Week we invite parents to join their student for lunch here at Assumption.

This year we are changing things up a bit, and instead offer MS & HS Parents the opportunity to take their child **OFF CAMPUS** to a lunch destination of their choice.

Lunch time will be extended to allow for off campus lunch travel and ***students must return to school by 12:30pm in time for class following lunch.***

Parents/Guardians must inform the school of their intentions to take their student off campus for lunch prior to January 29th. Students will not be allowed off campus for lunch without a parent or guardian. Please fill out & return sign up below, or email the school office if you will be taking your child off campus for lunch on Tuesday, Jan 29th.



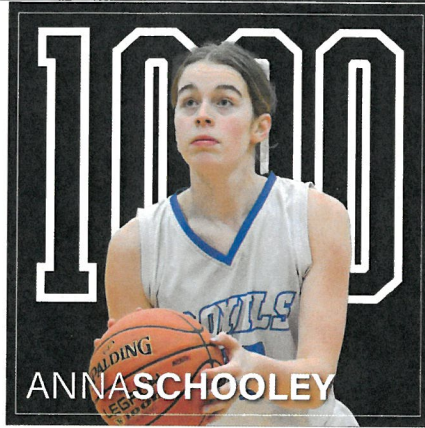
High School AND Middle School lunch hour **11:30-12:30**

Yes! I will be taking my child off campus for lunch on Tuesday, January 29th.

Student Name: _____ Grade: _____

Parent/Guardian Signature: _____

IN THE CLASSROOM & BEYOND



CONGRATULATIONS TO ANNA!

On Tuesday, January 7th, Anna scored her 1,000th point.

We are very proud of all she has accomplished and proud to have her as part of the Assumption Girls Basketball Team.

Best of luck during the rest of the season. **"ROYAL PRIDE"**



The **Assumption 6th grade girls** will be playing in a HUGE basketball tournament this weekend! Only the top 32 teams in the state have been invited to play. This tournament will take place in Mosinee on Saturday and Sunday. If you want to come and cheer our 6th grade girls, here is the schedule:

Saturday, January 11th, 2025

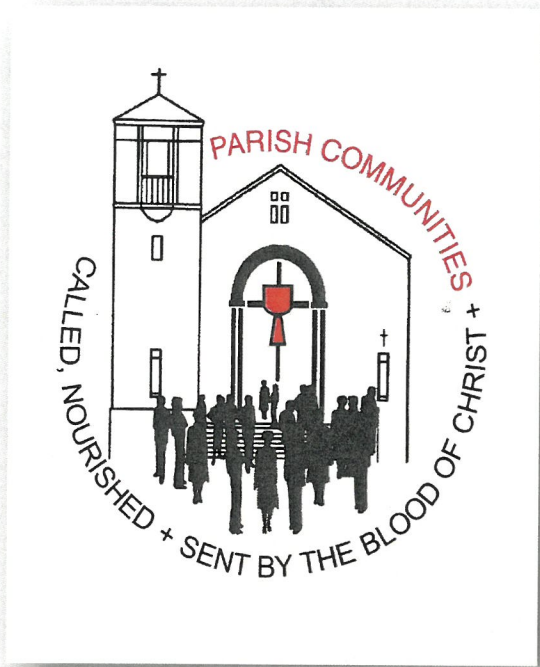
10:45 am vs. Blair-Taylor at the Mosinee High School at Creske Court

1:15 pm vs. Stratford at the Mosinee High School Court

3:45 pm vs Elk Mound at the Mosinee High School Court

There is a potential 4th game on Saturday depending upon the results of the first three games. The girls will also play 2-3 games on Sunday but we won't know the schedule until Saturday night.





Catholic Schools Week is Jan 26-Feb 1.

We would like to invite students to participate by reading a brief "Thank You For Your Support" message to the deanery parishes at a Mass during the weekend of January 25th/26th.

The script for the message is pre-written, and we have various versions based on different reading levels.

Students should coordinate with the priest at their assigned parish to determine whether the message will be read before or after Mass.

If your student is available to participate, please sign up using the SignUp Genius link.

<https://www.signupgenius.com/go/70A0545A5AF2BA7F58-54107794-csw2025>

STEUBENVILLE ROCHESTER

JULY 11-13, 2025

Event Price: \$400
Lodging, Transportation, and
Registration included.

Open to grades 8-12

\$100 deposit due by
February 6, 2025.

Register with the QR Code



QUESTIONS? CONTACT

matthewa@rapidscatholic.org

T.O.T.S

STAR WARS

January 12

January 26

February 9

Noon- Food

12:30 - Talk

1:15 - Movie

4:00 pm - Sung Vespers



RSVP at



Location:

Our Lady Queen of
Heaven
750 10th Ave South,
Wisconsin Rapids, WI

IN THE CLASSROOM & BEYOND

6th grade STEM students were each given a mystery bag of random objects and were tasked with solving any number of problems that “Santa and his Reindeer” may encounter.

They were very creative in their solutions, and apparently successfully solved all the problems, as the students came back from Christmas break sporting quite a few Santa gifts!



In SOCIAL STUDIES class, the sixth graders are learning about the geography of the Western United States.

This week they played the Oregon Trail card game. Ask your child if they survived (few did) or if they died from dysentery, drowning or a snake bite on the trail.

Only one group lived until the end of the trail.



IN THE CLASSROOM & BEYOND



Mrs. Heuer's Health Class participated in adult and infant CPR/AED certification training.

Three instructors from local paramedic agencies and Mid-State technical college came in to run this 3 hour course.

The students went through the entire hands on training process and everyone in the class left certified that day!



IN THE CLASSROOM & BEYOND

PHYS ED

Physical Education Class

4

Article submitted by: Coach Rayles

ALL

Well, I suppose I was chosen to write this article for Physical Education because it is Quitters Day, the second Friday of the New Year, where the commercial tells us, people give-up on their New Year's Resolution, which as the commercial alludes to, has something to do with physical fitness. To this I refer to the late great Vincent Thomas Lombardi, "Once you learn to quit, it becomes a habit." And as Coach Lombardi tells us, "Don't succumb to excuses. Go back to the job of making the corrections and forming the habits that will make your goal possible." So, if you happen to quit on your New Year's Resolution today, don't! Simply reevaluate what you are doing and keep reassessing as you go along. Not every day is going to be perfect, a matter a fact most won't be, so do what you can because that is always better than nothing. And let me wrap up with this from one of the greatest coaches ever, and in my mind the best: "Perfection is not attainable. But if we chase perfection, we can catch excellence." If only we would all do this how much better this world would be.

There's your inspiration, now here's what's going on in Physical Education!

Let's start with the Middle School. So far this year we have covered the following Units: Fitness, Chicago Softball, Ultimate Frisbee, Soccer, and Basketball. We were hoping to get in Lacrosse, but we haven't been able to do that thus far, but it may be on the horizon. Other possible Units on the horizon could be Volleyball, Team Handball, Floor Hockey, Flag Football and Dodgeball. I say "could" because we have big changes coming up in the second semester with having a full Hex of Physical Education every day. Wow, what a difference this will make! I'll actually be able to teach Physical Education as opposed to organized recess! With only meeting two days a week, your choices are either to get them moving, and try to attain some kind of fitness and skills, or teach them about the different sports and not get much movement in, while at the same time having many of the kids bored, or not paying attention, or both. It would also eat up your entire Hex, with hopefully half of those meetings getting the kids moving. Now I will be able to go slow and fast, if you will. Another words, I'll actually be able to teach them about the sports we are covering, going over rules, history, and show them examples of what things should look like. We'll be able to actually practice the skills to the sports we play and still have plenty of time to actually play the sports we are covering. Not to mention how I will be able to actually grade them on their knowledge and skill achievement through Homework, Physical Skills Tests, and Written Exams, instead of Participation Effort, Punctuality, Dressing, Cooperation/Sportsmanship, and Completion Achievement, which is something you are supposed to do for all of your classes by merely showing up for school, and shouldn't be part of the grading scale. That's like saying I'm going to give you an A today because you showed up. You're supposed to show up, but in our everybody gets a trophy world and everyone should get an A you don't learn to earn anything and are ill prepared for the challenges of this world. Our kids will actually be able to earn their grade now to prepare them for High School and beyond. How exciting! It is far better to get a C in someone's stringent class than to get in A in a cake walk class. In the end the person with the C will do well in life, whereas the person who had the easy A will struggle. We need to stop getting hung up on the grade and focus more on the process. Grades will take care of themselves if students will buy into the process, or work that needs to be done.

Continued on next page....

IN THE CLASSROOM & BEYOND

Physical Education article continued...

Moving onto High School! We had some changes here this academic year as well as Freshmen Physical Education became Athletic Agilities and Sophomore Physical Education became Peak Performance. The same material will be covered for now, and a couple of reasons for the change was to open the classes up to more than just Freshmen or Sophomores to give greater flexibility in doing schedules. Also, it was done so we wouldn't do what we were doing in Middle School, with Freshmen Physical Education meeting three times a week and Sophomore Physical Education only meeting twice a week. Now we can get more done and get more in depth with what we are doing and covering. Athletic Agilities covers Strength and Conditioning, Floor Hockey, and Badminton. Peak Performance covers Gaelic Football, Lacrosse, and Team Handball. Fall I covers Golf, Baseball, and Rugby. Fall II covers Track and Field, Softball, and Soccer. Spring I covers Basketball, Wrestling, and Football. And Spring II covers Volleyball, Tennis, and Cross Country. Now if you have never looked at our Course Description Book you now know what is covered in the classes.

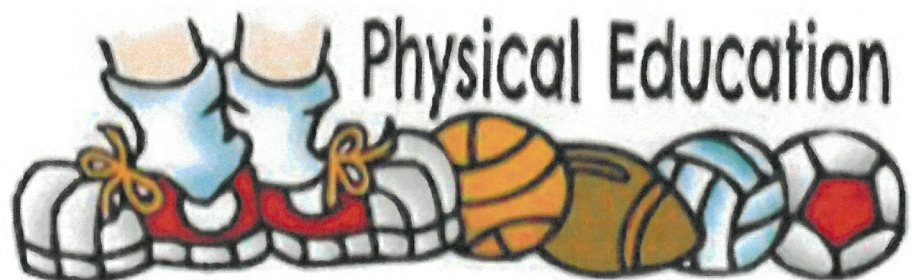
The classes were set-up opposite the season they are played for the most part primarily for two reasons:

- 1) For those athletes that play those sports it will give them the opportunity to play them out of season and give them a chance to work on their skills. Also, doing it the old way, which would be, for example, doing Football in the fall, which is nice, but it can also cause a student to get bored with that sport and also gives them no alternative training on their muscles leaving them susceptible to overuse injuries.
- 2) For those that aren't playing the sport we are covering it will give them a chance to discover it and hopefully encourage them to play that sport when the season comes up. Doing the old way, if we were doing the sport that was in season, and a student discovered they liked it and wanted to play, it was often times too late and they had to wait until next season and lose their interest. Doing it the way we are doing it now gives the student the opportunity to play sooner rather than later should they go out for that sport.

On a related note, every student in the school should be playing a sport, if not two or three. We are a small school, quite obviously, and all hands on deck! If not a sport than an activity. With each season, Fall, Winter, and Spring, our students need to be involved with something here outside of normal school hours. Studies show the more a student is involved in their school the less likely they are to leave it, the better their grades are, and they exhibit more school spirit, to name a few. I'm pretty sure we would like to retain all of our students, have them have good grades, and be more involved in their school. And yes, we do have students that already do this, but notice I said at the start of this paragraph, "every." That's the goal. Get every student involved in their school so they can be part of something very special. A school that has God as its center and focal point that desires excellence in all things but especially Faith, Academics, and Athletics. God, Family, and Assumption.

God Love You!

Coach Rayles



IN THE CLASSROOM & BEYOND

Library News from Mrs. Walczak

AUTHORS AMONG US

Did you know that our library contains over 17,000 items (including, of course, books (fiction and nonfiction), magazines, CD's (books on tape, music, etc.), DVD's, and a wide variety of reference materials (Bibles, *Catechism of the Catholic Church*, etc.), and access to millions of bits of information via the Internet?

What you may not know is that we are proud to display/own books written by faculty members!

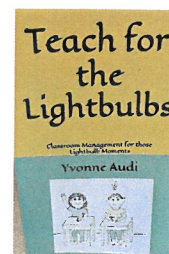
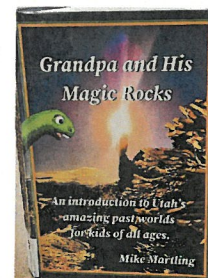
Zachariah Ulrich, a former middle school teacher, has left behind a legacy of three titles of historical fiction. These include *The Eagle's Legacy*, *The Warrior's Heart* (not pictured), and *The Wildcat's Roar*. All three books contain stories of courageous WWII soldiers who flew military aircraft in hopes of preserving freedom. Each book instantaneously draws the reader into the skill, the sacrifice, and the bravery of each book's hero.

Michael Martling, a current middle school teacher, recently completed *Grandpa and His Magic Rocks: An introduction to Utah's Amazing Past Worlds for Kids of all Ages*. Under the tutelage of his college geology professor, Dr. Genevieve Atwood, he took on an immense interest in geology and more specifically, developed and honed his interest based on the realization that Utah, his residence at that time, has probably the most amazing geologic history of any state. After college, he became a teacher and felt drawn to share his knowledge of the geologic history of Utah with middle school and other young people who might be curious about the rocks that surround them. It was then that he decided to write this book as a playful way of introducing children to the magnificent story of the general geologic history of Utah. It is not meant to be a comprehensive geologic history of Utah, but merely an introduction.

Yvonne Audi, a current middle school teacher, added to our library with a wonderful resource for teachers. The book is entitled *Teach for the Lightbulbs – Classroom Management for those Lightbulb Moments*.

As the author prefaces: "When addressing new teachers, she states: 'Welcome to the world of teaching, where each day is a journey into the unknown, a venture into the hearts and minds of young learners. As you stand on the threshold of this adventure, remember that this isn't just a job; it's a calling. You are about to embark on a mission that transcends mere instruction. You are stepping into a role that shapes lives, inspires dreams, and ignites passions.'

"To the seasoned educators who have dedicated years to molding young minds, your journey in teaching is a testament to resilience, passion, and unwavering commitment. You have witnessed the evolution of education, adapted to countless changes, and have remained steadfast in your mission to enlighten and empower."



We invite you to stop in our library or email suggestions at your convenience. We appreciate your suggestions regarding new titles about which your children are excited. We're always looking for ways to add excitement, open minds, and peak interest.



Nordic Day

JAN 18th 2025

COME EXPLORE THE TRAILS
AND TRY SKI JUMPING FOR **FREE**
@ TRI - NORSE SKI CLUB!!

1001 County Road O, Rome, WI 54457

- **10 am - 3 pm OPEN** trails for cross country skiing, hiking, or walking!
- Donation of \$10 recommended for ski-jumpers
- Concessions available and Basket Raffle drawing prior to end of day
- Ski Jumping pre-registration is strongly encouraged as space is limited. If interested, please visit our Facebook page to sign up!
- Equipment provided for ski jumpers but limited (Boots, Skies, & Helmets)
- AM session - 10:30 am -12:00 pm / PM session - 1:00 pm - 2:30 pm
- Coaches are veteran Ski Jumpers
- Visit facebook.com/trinorse for updates and pre-registration!

THE HIGHER WE SOAR, THE SMALLER WE APPEAR TO THOSE WHO CANNOT FLY!



**SAVE
THE
DATE**



BARN DANCE

SATURDAY FEBRUARY 22

At: Assumption High School Gymnasium

MUSIC * FOOD * BAGS TOURNAMENT * FAMILY FUN

LOOK FOR MORE INFORMATION TO FOLLOW SOON.

Rudolph Baseball/Softball/T-ball Registration

(You do not have to live in Rudolph to play!)

Act quickly! Mail in by **February 4th, 2025**

- Welcome back to another season of Rudolph Little League. We are excited to get back on the fields and see all of their smiling faces.
- Indoor optional open gyms for the older groups (Minors and Majors) will take place in March.
- Indoor practices for the older groups (Pee-wees, Minors, Majors) will take place after Spring Break.
- Outdoor practices at the field typically start in early May (weather dependent), with the games starting in mid-May running through the end of June.
- We have typically attended 3 or 4 tournaments each year at the Majors/Minors level. The past few years, we have not attended tournaments with any other age groups. (Our anticipated tournaments are Rudolph, Pittsville, Port Edwards and Nekoosa.)
- T-Ball will run from the middle of May through the end of June. 2025 practices/games were on Mondays from 6pm-7pm. The plan would be to repeat that format.
- Registration and fees will **ONLY** be accepted via mail this year. If mailing these do not work for you, please contact Sheena Bohl (715) 305-1557 to work something out. Please send registrations to the address listed below and make checks payable to Rudolph Little League:
**Rudolph Little League
Sheena Bohl, President
3096 Lone Pine Road
Wisconsin Rapids, WI 54495**
- If you are experiencing financial hardship and cost is an issue, please contact Sheena Bohl (715) 305-1557 to sign up. We want everyone to get a chance to play. Alternative arrangements will be made.

Baseball & Softball:

- The registration fee is \$35 per player and should be mailed in with your registration.
- Each family is required to participate in our fundraiser. Fees will be collected at the time of dispersal. More information to come.
- The uniform deposit is \$50 per player. Please note the deposit should be provided by a separate check and will only be cashed in the event that your uniform is not returned. **This check will be collected at uniform dispersal prior to games beginning in mid-May.**
 - Continuing this year - will be uniform top only. Gray pants and a red belt will be required from this point forward. We will have our existing inventory available to loan out if needed.

Age Brackets: (born no earlier than)

Boys: Majors - Ages 11-12 (05/01/2012)

Minors - Ages 9-10 (05/01/2014)

Pee-Wees- Ages 7-8 (Coed) (05/01/2016)

Girls: **SOFTBALL IS BACK! (Need 9 players)**

Maidens - Ages 8-10 (05/01/2014)

Pee-Wees- Ages 7-8 (Coed) (05/01/2016)

T-ball: Boys & Girls Ages 4-7

- The registration fee is \$10 per family and should be mailed in with your registration.
- Hats and T-Shirts will be available during the MADA apparel order this year.

Volunteer Requirements for Baseball/Softball Families:

- Our entire program is run by volunteers. We are asking each family to volunteer during the season, allowing everyone the opportunity to enjoy watching their children play. Please help out in any way that you are able.

Rudolph Little League - Additional Information

VOLUNTEERS ARE NEEDED:

If you are interested in helping out/becoming a board member, please contact Sheena Bohl at 715-305-1557 or email RudolphLL@outlook.com.

Field Clean-Up will be Friday, April 25th, 2025 (held rain or shine)

5 – 7 p.m. at the Rudolph Lions Park. This is the time to pick up uniforms and apparel orders.

If your child is on the minor or major team, they are expected to play for their home tournament. All minor and major parents are required to work for the tournament also.

ALL PARENTS: We can always use extra help during the home tournaments. The money raised during these tournaments benefits our whole organization, so please feel free to help out even if your child does not play on a tournament team. If you are able to help during these weekends, please sign up at registration.

UNIFORM RETURN – Information on this will be relayed through the coaches near the end of the season.

UMPIRES -

We are looking for umpires for the upcoming season. You must be at least 15 years old and possess good knowledge of the game. The umpire rates for the 2025 season are:

- **\$30/game** for Maidens, Minors and Majors.
- **\$20/game** for Peewees (will not call balls and strikes)
- Please fill out the form below and return it with registration if you are interested.

CONCESSIONS-

We are looking for individuals to operate concessions during weeknight and home tournament games.

- Parents that are required to work concessions during the season can hire these people to fill their shift.
- Please fill out the form below and return it with registration if you are interested.

Cut off and return

I would like to be considered to be an umpire/concession worker for the Rudolph Little League.

Name: _____ Phone Number: _____

Age if under 18: _____ Email: _____

Parent Signature if under 18: _____

Contact if Interested: Sheena Bohl at 715-305-1557 or email RudolphLL@outlook.com

Rudolph Baseball/Softball/T-ball Registration

Player: _____ Birthdate: _____ Sex: M__ F__

Age as of April 30th, 2025 _____

Team Player is Registering for: T-ball PeeWees Minors Majors Maidens

Uniform size (not for T-ball): Pants _____ Shirt _____

Player: _____ Birthdate: _____ Sex: M__ F__

Age as of April 30th, 2025 _____

Team Player is Registering for: T-ball PeeWees Minors Majors Maidens

Uniform size (not for T-ball): Pants _____ Shirt _____

Player: _____ Birthdate: _____ Sex: M__ F__

Age as of April 30th, 2025 _____

Team Player is Registering for: T-ball PeeWees Minors Majors Maidens

Uniform size (not for T-ball): Pants _____ Shirt _____

CONTACT INFORMATION: (PRINT CLEARLY or you won't receive information on practices/games!)

Parents/Guardians: _____

Phone Numbers: _____

Email Addresses: _____

Home Address: _____

Emergency Contact: _____ Phone: _____

(Other than parents/guardians above)

I, the undersigned parent or guardian of the above player, hereby consent to having said player practice and compete in the Rudolph Baseball, Softball, or T-Ball program and to travel to and from the games during the season. I hereby hold harmless the Rudolph Little League Association, the coaches, and other volunteer drivers of all liability and claims for any injuries sustained by my child while traveling to and from or engaging in practices, games and events related to the Rudolph Little League program. I understand that participation in the program is at my and my child's own risk, and hereby give permission for my child to participate in the Rudolph Baseball, Softball, or T-Ball program.

Parent/Guardian Signature: _____ Date: _____

If my child plays on minors or majors, I understand that I will be required to work at the home tournament.

_____ Initial

Fees: PLEASE MAKE CHECKS PAYABLE TO RUDOLPH LITTLE LEAGUE

\$ _____ Baseball/Softball Fees \$35/player

\$ _____ T-ball Fees \$10/Family

TOTAL FEES: \$ _____